

**Parents warned over drunk youths** Police force has called on parents to "play their part" in preventing alcohol-related crime - *BBC News, March 2008*

**Drink age 'could be raised to 21'** Ministers are considering raising the minimum age from 18, as part of a long-term strategy for tackling the country's drink problem. -*Shona Robison, Public Health Minister, BBC News 21 March 2008*

**Smoking, drinking and drug use among young people in Scotland in 2000**

'In 2000, 13% of girls were regular smokers, compared with 8% of boys. This gender difference was not present among 12 year olds, but first appeared at age 13, and was maintained at 14 and 15.'

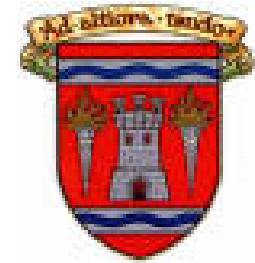
'The proportion of pupils who usually drink at least once a week has remained fairly stable at 14-16% since the question was first asked in 1996. 40% of pupils who currently drink never buy alcohol, a figure which has remained at around this level since the question was first asked in 1996. Purchasing from shops or off-licences has become less common over this period, although purchasing from friends or relatives has increased.'

'Nearly half of pupils (47%) had at some point been offered at least one drug. One in three had been offered cannabis, 17% a 'stimulant' (a group of drugs which includes cocaine and ecstasy) and 7% heroin. There was a sharp increase with age in the numbers of young people exposed to drugs in this way. By the age of 14 (61%) or 15 (70%) the majority of young people had been offered drugs, while a smaller group (22%) had had this experience by the age of 12.'

*Source: A survey carried out on behalf of the Scottish Executive by the National Centre for Social Research and the National Foundation for Educational Research*

# Hazlehead Associated School Group

Drugs and Alcohol  
Awareness Evening for  
Parents of P7 to S2



**Wednesday, 21 May  
7- 9pm  
@  
Hazlehead Academy**

**Hazlehead Academy  
Airyhall School  
Fernielea School  
Hazlehead School  
Kingsford School**

Hazlehead Academy and its associated primary schools of Airyhall, Fernielea, Hazlehead and Kingsford are hosting a joint information evening for parents of P7 to S2 pupils. The evening will take place on Wednesday, 21 May from 7-9pm at the Academy.

The main purposes of the evening are to help parents to:

- become more aware of the aims and practice of drugs and alcohol education in schools
- become more aware of the facts surrounding drugs and alcohol use
- to gain more knowledge of the prevalence of drugs and alcohol use in the local area
- understand how they can assist their sons and daughters by listening to them and speaking with them about drugs and alcohol issues
- become aware of the messages about drugs and alcohol to which all the partner agencies subscribe
- how to access further information and advice.

#### **Programme**

After a short introduction to all parents, there will be the opportunity for parents to participate in a number of workshops organised by the schools and their partner organisations and to view the resources used in school to educate young people about drugs and alcohol.

The workshops will last for about 25 minutes and parents will participate in four throughout the evening. There will be a closing question and answer session.

#### **Workshop 1: Alcohol - Are Parents the Key?**

A discussion of the responsibilities/role modelling of parents in influencing their children in alcohol issues.

*Fraser Hoggan, NHS Grampian*

#### **Workshop 2: Pressure of being a teenager today**

Session for parents to examine the pressures young people face today and try to provide some information to help you cope with this.

*David Alexander, NHS Grampian*

#### **Workshop 3: Drug and Alcohol Issues in the Local Area**

The opportunity to find out and discuss with local police what the main problems are in Hazlehead and surrounding area

*PC Jackie Craig, Police School Liaison Officer*

#### **Workshop 4: Marketplace, refreshments and resources**

Wander around the various stalls and displays chatting with school staff and others whilst enjoying a cup of coffee/tea. View and try some of the resources that are used to educate young people about drugs and alcohol.

#### **To be returned to school**

Names of those attending:

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School attended by son/daughter

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Pupil Name:

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**Please return to your son or daughter's school by Friday 16 May**

We look forward to welcoming you and hope that you find the evening informative and helpful. Please contact me if you would like any further information about the event.

Anne Bonsall  
Depute Rector  
Hazlehead Academy  
01224 310184

